

## Dance Technique

Technique Video Tape Series Technique Series - \$29.95 ea + shipping T1 Body Movement and Isolations - Including Ripples (1 of 6) {youtube}F\_QHXvaq6MM{/youtube}

{snippet 10}

T2 Dance and Syncopation Components - Including Ripples (2 of 6)

{snippet 11}

T3 Great Connections to Communicate Lead and Follow

Beata and Mark "the Marine" (3 of 6){youtube}OMfeTnMqzjc{/youtube} {snippet 12} T4 Spins and Turns - Physics of Lead and Follow (4 of 6) T5 Music Interpretation - Hit the breaks and everything else in the music (5 of

6){youtube}COSIk7OQRVvk{/youtube} {snippet 13} T6 Basic Dips and Tricks Beata and Tom Slater (6 of 6) Go Back to Page 1 of West Coast Swing Videos